

*Sacred Space Yoga Sanctuary*

*Selflessly Serving*  
**THE ESSENCE OF SURRENDER**  
*Selflessly Receiving*

**TANTRIK SHAIVISM, KUNDALINI MEDITATION &  
SHAKTIPAT INTENSIVE: THURS-SUNDAY, OCT 28-31, 2010**

**Kundalini Meditation  
& Shaktipat Sessions**

Swami Khecaranatha leads silent and guided meditations, teaches powerful meditation techniques, and gives shaktipat - the transmission of energy that activates the vital force that exists within every person.

**Tantrik Shaivism**

Swami Khecaranatha elucidates the essence of the extraordinary the ancient teachings of Kashmir Shaivism. His insight into this tradition is based upon a lifetime of ardent practice and exploration of the Kundalini Yoga, the foundational practice of Shaivism.

**Shree Chakra Ceremony  
& Initiation**

The Shree Chakra represents how consciousness and energy create the manifest world - and our individual experience. The ceremony & mantra initiation by Swami Khecaranatha is an opportunity to experience the living spiritual force inherent in the practice of Shree Yantra.



**Swami Khecaranatha lives and teaches in Berkeley. With a mastery etched from 39 years of disciplined inner practice and selfless service, Swami Khecaranatha is an authentic master of Tantrik Shaivism in the Shaktipat Lineage of Bhagavan Nityananda and Swami Rudrananda.**



510-486-8700 830 Bancroft Way, Berkeley, CA

SacredSpaceYogaSanctuary.com

Retreat Fee: \$350 (program and meals)

Sliding Scale available upon request.